



INTERNATIONAL SUMMER CAMP

JULY 8-12, 2026

BROCK UNIVERSITY CAMPUS

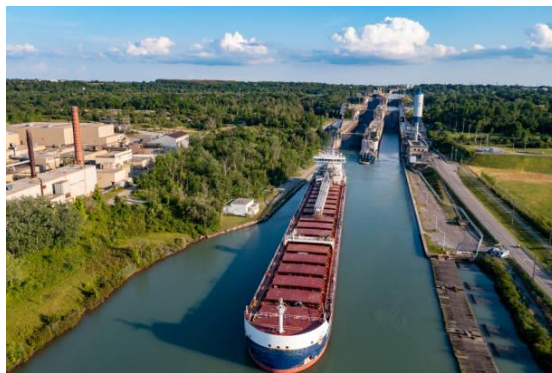
NIAGARA REGION CANADA

1812 Sir Isaac Brock Way
St. Catharines ON, Canada
L2S 3A1

NIAGARA REGION

The Niagara Region of Ontario, Canada is a historic picturesque setting. The Region has a strong agricultural base and was best known for its tender fruit production. Today, it has become the center of Canada's wine producing region and visitors will be surrounded by vineyards as they travel about the region. Within the region is the famous Niagara Falls, the gorge of which contains the Niagara River which separates the United States of America from Canada. This river flows from Niagara Falls into Lake Ontario which is one of the Great Lakes which form the St. Lawrence Seaway. Visitors can see the huge laker ships travelling through the lock system which connects the St. Lawrence Seaway to the Great Lakes and the Atlantic Ocean, allowing these massive cargo ships to travel from the Port of Halifax, on the Atlantic Ocean, to Hamilton on Lake Ontario and to Thunder Bay which sits at the top of Lake Superior in Northern Ontario..

Historically, the Niagara Region is best known as the battleground of the War of 1812. This region was central to the suppression of the invasion of Canada by the United States of America. The region borders the United States with Buffalo only a 45-minute drive from Brock University and Niagara Falls less than 30 minutes away. Visitors to the region can experience much of the history of what kept Canada as a sovereign nation by visiting Fort George, located 30 minutes from Brock University. There are several day tours available from local companies to tour the region.



ACCOMMODATIONS

The ITKF Summer Camp will be housed on the Brock University Campus in St. Catharines, Ontario. Participants will be assigned rooms in the Earp student residence. These accommodations are described below:



Earp Residence offers over 200 single air-conditioned guestrooms. Each is furnished with 1 single bed, desk, dresser and wardrobe. One 4-piece washroom is accessible from each of two adjoining single guest rooms. An elevator is located in the residence lobby for convenient access to all floors. Each floor is equipped with a lounge furnished with a television, kettle, microwave and bar-size refrigerator.

FOOD & BEVERAGE

All-you-can-eat buffet style meals in the shared dining hall are part of the registration package for participants. Special dietary needs can be accommodated with advance warning at time of registration.

The meal plan included will begin at dinner on the arrival day of training (July 7) and end with breakfast on the departure day of training (July 13).



DINNER					
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Salad bar with rotation cycle of mixed greens and lettuces. Seeds, dried fruit, diced peppers, sliced onion: cucumbers, olives, chickpeas, cheese, croutons, and bacon bits.					
Muffins, whole grain muffins, whole wheat and multigrain breads and bagels, English muffins, Wow butter, cheese, butter, and margarine.					
Chef Vegetarian Soup of the day	Chef Vegetarian Soup of the day	Chef Vegetarian Soup of the day	Chef Vegetarian Soup of the day	Chef Vegetarian Soup of the day	Chef Vegetarian Soup of the day
Cranberry Roasted Pork Loin	Beef and Chicken Tacos	Herb de Provence Salmon	Grilled Chicken Parmesan	Slow Roasted Beef	Chicken Cacciatori
Quinoa Stuffed Pepper	Chipotle Ground Taco	Chickpea Rice Bowl	Grilled Eggplant and Tofu Parmesan	Lentil and Sweet Potato Pie	Honey Garlic Tofu Stir fry
Mashed Potato	Potato Bravas	Wild Rice Medley	Roasted Garlic Risotto	Mashed Potato	Herbed Rice Pilaf
Market Vegetable	Green Beans	Steamed Broccoli	Mixed Market Vegetables	Mixed Market Vegetables	Steamed Broccoli
Triple Berry Crumble	Apple Crisp	Chocolate Cake	Cheesecake	Strawberry Shortcake	Brownie and Squares

SAMPLE PROGRAM SCHEDULE
ARRIVAL JULY 7, 2026 – DEPARTURE JULY 13, 2026
SAMPLE DAILY TRAINING – JULY 8 – 12, 2026

The daily training will include both General Classes (for all grades) and Instructor Classes (for San-Dan and higher with recommended guest participants of Sho-dan and Ni-dan). The sample training format will be as follows:

- 7:00 a.m. – 9:00 a.m. Breakfast
- 9:00 a.m. – 10:30 a.m. Advanced Training (Ni-Dan & Higher)
- 10:30 a.m. – 12:00 a.m General Training (All Grades)
- 12:00 p.m. – 1:30 p.m. Lunch
- 2:00 p.m. – 5:00 p.m. General Class (all grades)
- 5:00 p.m. – 7:00 p.m. Dinner
- 7:00 p.m. – 8:30 p.m. Special Lecture Series* (All participants welcome)
- Board of Directors/Technical Meetings**

*Special Lecture Series will be on selected evenings.

** Meetings will be held on alternate nights to the Special Lecture Series.

COSTS: SEE ATTACHED REGISTRATION PACKAGE. DEADLINE – MAY 31, 2026

Door to door ground transportation (Toronto Pearson Airport & Buffalo Airport, New York, U.S.A.) to Brock University) available through Niagara Air Bus Service, <https://www.niagaraairbus.com>. Visit their website for information and rates.